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## Preface

It is a pleasure for us to present to you - our supporters, our colleagues and friends - this overview of activities and achievements that Cochrane Insurance Medicine accomplished last year.

What a year! 2020 had hardly started when an unknown virus captured the world and held us hostage, without means to test and diagnose, without remedy to cure, without vaccines to protect. We had to fall back to medieval procedures of isolation and a cessation of public life. Many of us found it challenging to work at home for months. However, compared to 20 years ago, the digital age provided opportunities to overcome barriers imposed by “the virus”. Our report illustrates high productivity and intensive collaboration across diverse (inter-) national networks and groups, thanks to the advancement of digitalization and widespread dissemination of the internet.

In 2020, EbIM, the academic unit of insurance medicine at the university of Basel celebrated its 10<sup>th</sup> anniversary by organizing a Jubilee Symposium with (inter-)national speakers and guests, jointly by CIM, which celebrated its 5<sup>th</sup> anniversary. It was a wonderful get-together with our insurance medicine community, our friends and colleagues, nationally and internationally. Timing was perfect. A few weeks later, Switzerland went in its second lockdown.

Another big event was the appointment of Frederieke Schaafsma from the Department of Public & Occupational Health at Amsterdam UMC as Endowed Professor for the NVAB, the Netherlands Society of Occupational Medicine. Having done her PhD on evidence-based medicine in occupational health, Frederieke Schaafsma had engaged in teaching these skills to insurance and occupational physicians while performing high quality research on critical questions, e.g. how to identify individuals at risk to drop out of the labour market or how to best get workers back to work.

In this report, you will notice that our activities go beyond the scope of Cochrane in a strict sense. Using the term evidence-based insurance medicine reflects the fact that most CIM members are involved in all steps of evidence-based insurance medicine: They produce evidence by performing high quality primary research needed to take decision. They compile evidence as systematic reviews – in particular, but not exclusively in the context of Cochrane. They round off by ensuring that primary evidence and systematic reviews reach our target audience, the insurance medicine community, insurance professionals who decide on coverage of medical services and treatment, policy makers, stakeholders, and patient organizations.

This serves the need of our constituencies for scientific knowledge: Analysing the visits to the CIM-homepage identified “Evidence” as the most popular section of our website, while a survey among subscribers of our newsletter reflected ‘Research Findings’ as the most preferred section. To this end, we recently reached an agreement with EUMASS (European Union of Medicine in Assurance and Social Security), that CIM will regularly update the 26 member states with important evidence from systematic reviews and primary studies, and thereby bring new evidence from the research centers to the practitioners’ floor. By doing so, we fulfill our mission.

Enjoy reading our report!



Prof. Dr. Regina Kunz  
on behalf of the board of directors

## HIGHLIGHT 2020

### Jubilee Symposium 'Evidence-based Practice in Insurance Medicine':

10 years Academic Evidence-based IM -- 5 years Cochrane IM

University of Basel and University Hospital, 16 Sept 2020

Ten years ago, the University of Basel established the Clinical Professorship of Insurance Medicine to advance and promote the production of evidence in insurance medicine. Five years later, this chair founded the international Cochrane Insurance Medicine (CIM) field together with partners from the Netherlands, Sweden and Canada. Both activities made important contributions to professionalise insurance medicine in Switzerland and Europe and paved the way for an insurance medicine that is based on clinical research and informs practice.



#### WE ENGAGE IN RESEARCH

In this jubilee symposium, we presented our research on real-life work disability assessments and report on the development of a Core Outcome Set (COS) for work participation, which will facilitate the comparison of research findings across studies.

#### WE INFLUENCE PRACTICE

Using a real-life example from Finland, we illustrate how a Cochrane review from our unit Evidence-based Insurance Medicine, EbIM, affects national policy. Using an example from the Netherlands, we illustrate how reviews from Cochrane Work contribute to guideline recommendations. We demonstrate how CIM conveys knowledge to practitioners and stakeholders.

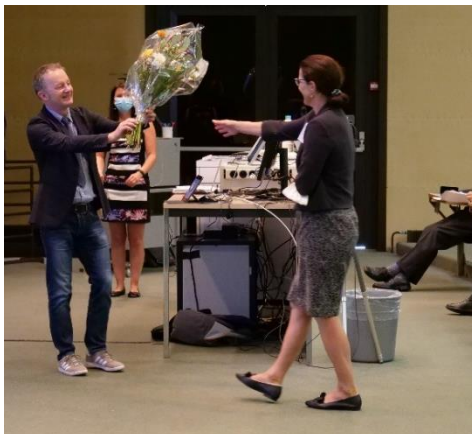
#### WE EDUCATE THE FUTURE GENERATION

By engaging in high quality education, we promote the professional development of insurance medicine and shape the profession.

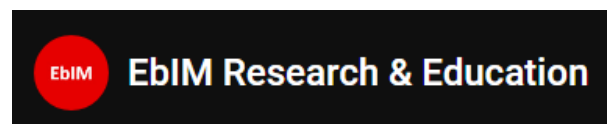
## THE PROGRAMME

P. Schär	Welcome!
W. de Boer M. Eichhorn	Functional assessment of work capacity: To what degree can insurance medicine benefit from this novel approach?
R. Kunz	The RELY studies: How reproducible are medical assessments of work capacity? Opportunities and challenges.
M. Ravinskaya	Core Outcome Set – Work participation. An international collaboration to complement the research toolbox of insurance medicine.
J. Verbeek	When evidence contradicts practice: Implementing evidence from systematic reviews.
JL. Hoving	The Dutch example: Evidence-based Insurance Medicine Guidelines.
A. Verbel	Transfer of insurance medicine evidence for doctors, stakeholders and decision-makers: Cochrane Insurance Medicine.
E. Friberg	Professional development in Insurance Medicine.
N. Künzli	The postgraduate Master Insurance Medicine at the University of Basel.
R. Kunz	Summary and future perspectives of academic insurance medicine.

Prof. **Primo Schär**, Dean, Medical Faculty, U of Basel, CH; Dr. **Wout de Boer**, prev. EbIM, U of Basel, CH; Dr. **Martin Eichhorn**, Psychiatrist, Basel, CH, **Prof Regina Kunz** director EbIM, Dept. Clin. Research, U of Basel, CH; **Margarita Ravinskaya** – PhD student, Amsterdam UMC, Amsterdam, NL; Dr. **Jos Verbeek**, Cochrane Work, Kuopio, FI; Dr. **Jan Hoving**, Amsterdam UMC, Amsterdam, NL; Dr. **Adrian Verbel**, EbIM, U of Basel, CH; Prof. **Nino Künzli**, director Swiss School of Public Health; Ass.-Prof. **Emilie Friberg**, Karolinska Institutet, Stockholm, SE.



You can review the presentations on our YouTube channel



<https://youtube.com/playlist?list=PLYOjKzbwMOcHxNzwq0udEKqvuakkszVHe>

## HIGHLIGHT 2020

### **Frederieke Schaafsma was recently appointed Professor of Occupational Medicine at Amsterdam UMC, Netherlands**

Dr. Frederieke Schaafsma, member of CIM, has been appointed Endowed Professor for the Netherlands Society of Occupational Medicine, based on her outstanding research about the needs of employed people with or without chronic diseases, for her engagement in evidence based medicine in education and practice of insurance medicine, for her studies on factors determining a healthy and long-lasting working life, to name a few of her research interests. We congratulate Prof. Schaafsma and wish her all the best to continue her academic career with unabated enthusiasm, high productivity and accompanied by colleagues with a mind alike.



### **Knowledge translation supported by CIM: helping people with depression being able to work**

**A Cochrane work review found a sizeable improvement by medical treatment plus support at the workplace.** An international consortium of researchers found that providing both, medical treatment for depression and support at the workplace at the same time can greatly reduce sickness absence days among depressed persons. Researchers from the Netherlands, Finland and Germany analysed the results of 45 intervention studies that supported depressed people at work. They found that the combination of medical treatment and support at work was most effective and reduced sick leave by 25 days over a one-year period which translates into 15% reduction of sick leave. In addition, participants showed fewer depressive symptoms and their work capacity increased. Albeit OECD and WHO have been recommending this approach in their guidance they confirmed that this kind of high quality evidence filled a gap. The success of a combined intervention can be explained by overcoming the common barrier between health care and help with return to work which can lead to contradictory advice or waiting with return to work until all symptoms have disappeared. If employers and (occupational) healthcare providers want to reduce work disability in depressed workers they should provide a combined treatment with both a medical and a work focus.

Nieuwenhuijsen K, Verbeek JH, Neumeyer-Gromen A, et al. **Interventions to improve return to work in depressed people.** *CDSR* 2020;10:Cd006237.doi: [10.1002/14651858.CD006237.pub4](https://doi.org/10.1002/14651858.CD006237.pub4).

## CIM ACTIVITIES 2020

### Ongoing projects and collaborations across the Field

**A Core Outcome Set for Work Participation** is a minimum set of outcomes that should be measured and reported in all clinical trial addressing issues of work participation. [www.cosforwork.org](http://www.cosforwork.org).



Project 1: A framework for measuring work participation outcomes in intervention studies among people with health problems.

Project 2: Heterogeneity of work participation outcome measurement - a systematic review.

Project 3: Measuring work participation: An international multidisciplinary survey among trialists and Cochrane systematic reviewers.

Project group: Ravinskaya M, Verbeek J, Hulshof C, Langendam M, Madan I, Verstappen S, Kunz R, Hagendijk M, Hoving JL.

### Knowledge transfer collaborations

Can we keep insurance physicians up-to-date with evidence using an email alert? The development and evaluation of an electronic IM email alert.

Project group: Daams JG, Kok R, Schaafsma F, Hoving JL.

Evidence on the Web – The feasibility of a searchable database for insurance medicine evidence.

Project group: Kunz R, Verbel A, Walter Meyer B.

Tagging reviews with relevance to insurance medicine in the Cochrane Library.

Project group: Verbel A, Kunz R, Walter Meyer B.

Social Insurance Literacy in the Dutch context.

Project group: Boonstra MA, Abma FI, Wilming L, Karlsson E, Ståhl C, Brouwer S.

### Systematic Reviews

Psychosocial interventions at the workplace. A systematic literature review.

Project group: Friberg E, Lytsy P.

Psychosocial work environment factors and their associations to health outcomes. A systematic literature review.

Project group: Lytsy P, Friberg E.

Interventions regarding physicians' sickness certification practice. A systematic literature review and meta-analysis.

Project group: Söderman M, Wennman-Larsen A, Hoving JL, Alexanderson K, Friberg E.

Interventions on physicians' sickness certification practices – a scoping review.

Project group: Söderman M, Wennman-Larsen A, Hoving JL, Alexanderson K, Friberg E.

The role of the employer in supporting work participation of workers with disabilities: a systematic literature review using an interdisciplinary approach.

Project group: Jansen J, van Ooijen R, Koning PWC, Boot CRL, Brouwer S.

### **Educational collaborations**

Teaching in the postgraduate Master Insurance Medicine in Basel, CH: Medical Assessments in the Netherlands; Insurance Medicine Guidelines: Medical Expertise in Acquired Brain Injury (NL).

Project Group: Faculty from Module week: Evidence-based Insurance Medicine with guest teacher from the Netherlands: Birgit Donker-Cools, PhD KCVG (NL).

Workshop at EUMASS Congress 2020 (cancelled): How to read a Cochrane review?

Hoving JL, Kunz R, Friberg E, Verbeek J, Schaafsma F.

Workshop at EUMASS Congress 2020 (cancelled): Working on a Core Outcome Set for Work Participation.

Ravinskaya M, Hoving JL, Verbeek J, Kunz R.

Workshop at EUMASS Congress 2020 (cancelled): Keep Up-To-Date with the latest Evidence and Research in Insurance Medicine and Disability Evaluation.

Daams J, Kok R, Schaafsma F, Hoving JL.



## Meetings and Activities that took place despite SARS-CoV-2

### Annual CIM Meeting – First Cochrane Insurance Medicine Virtual Colloquium 27.03.20

As result of the COVID-19 pandemic, our CIM annual face-to-face meeting in Amsterdam had to be cancelled. As an alternative, we organised our first CIM virtual colloquium with the participation of our members from Switzerland, The Netherlands, Sweden, Cochrane Work and a special guest, Prof. Genevieve Grant, Director from the Australian Centre for Justice Innovation in the Law Faculty at Monash University. The event allowed us to share current and future research, projects and events, to identify opportunities for collaboration and to spend, as usual, a nice time with the CIM family. Thanks to all our members for your participation!



**Jubilee Symposium ‘Evidence-based Practice in Insurance Medicine’: 15.09.20** (see above)

## Meetings and Activities that were cancelled or postponed because of SARS-CoV-2

- **The international EUMASS Congress 2020 in Basel, CH**, with Cochrane Insurance Medicine and Swiss Insurance Medicine being co-organisers to EUMASS was first postponed to September 2021. Given the prolonged pandemic, it was recently decided to run it as virtual conference on September 16 and 17 September 2021. [www.eumass-2021.eu](http://www.eumass-2021.eu)
- **The Cochrane Colloquium 2020 in Toronto** with participants from all over the world has been postponed to 11 to 14 September 2022, again in Toronto. [colloquium2020.cochrane.org](http://colloquium2020.cochrane.org)
- **DICIM, the Dutch International Conference in Insurance Medicine** took place by live streaming and the program was shortened to 1,5 days. DICIM is scheduled again for November 3-5 in 2021.
- **The Spring meeting of the Danish Association of Insurance Physicians** was supposed to take place on May 26<sup>th</sup> 2020, with an invited presentation by Jan Hoving. It has been rescheduled twice and is reschedule for September 28<sup>th</sup> 2021.

## Communication and social media

### Cochrane Community Blog

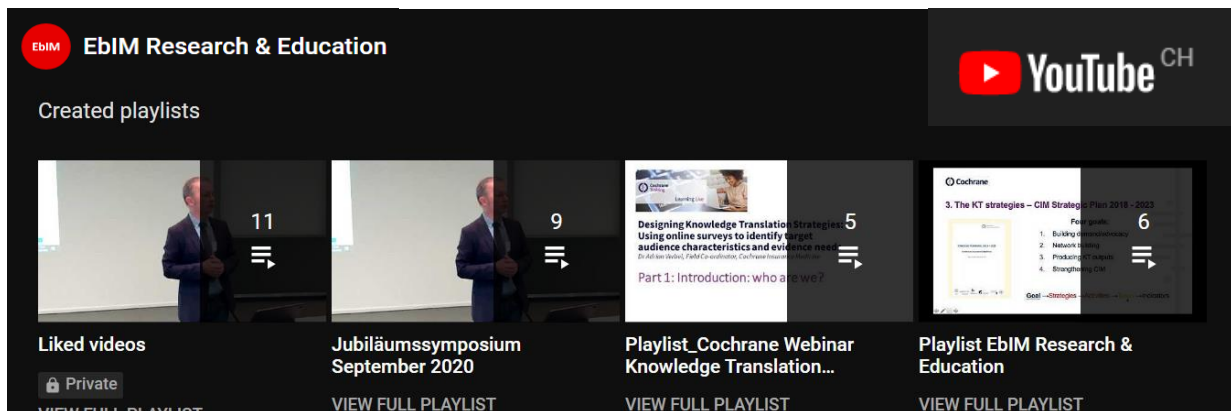
Last November, the Cochrane Knowledge Translation Department published a blog on Cochrane Insurance Medicine to celebrate its fifth anniversary. In this blog, we talk about the successes and challenges of the past five years, our Knowledge Translation strategy, working in collaboration with partners and other Cochrane Group, and our plans for the future.



### Newsletters

- [Cochrane Insurance Medicine Newsletter, Feb 2020, Issue 14](#)
- [Cochrane Insurance Medicine Newsletter, June 2020, Issue 15](#)
- [Cochrane Insurance Medicine Newsletter, Oct 2020, Issue 16](#)

CIM on  YouTube



**EbIM Research & Education**

Created playlists

- Liked videos
- Jubiläumssymposium September 2020
- Playlist\_Cochrane Webinar Knowledge Translation...
- Playlist EbIM Research & Education

CIM on




**Cochrane Insurance Medicine**  
162 Tweets

**Cochrane Insurance Medicine**  
@CochraneInsMed

The field was established in 2015 to help decision-makers and professionals in a medical insurance context to make evidence-informed decisions.

Basilea, Suiza [insuremed.cochrane.org](https://insuremed.cochrane.org) Joined April 2018

79 Following 112 Followers

## Podcast

Podcast: Preventing occupational stress in healthcare workers

<https://www.cochrane.org/podcasts/10.1002/14651858.CD002892.pub5>

Podcast: La prévention du stress au travail chez les travailleurs de la santé

<https://www.cochrane.org/fr/podcasts/10.1002/14651858.CD002892.pub5>

Podcast: Prävention von Berufsstress in Pflegepersonal

<https://www.cochrane.org/de/podcasts/10.1002/14651858.CD002892.pub5>

## Website

### Cochrane Corner. A new section on our website

Cochrane Corners are summaries of important Cochrane systematic reviews applied to scenarios encountered in our professional practice. For several years, CIM has published Cochrane Corners in insurance medicine media such as the Dutch TBV (Journal for Occupational and Insurance Medicine), the Swiss annual book Suva Medical and others. To make these publications available to a broader audience, CIM created a new section on its website. Interested readers can find all corners that have been published and translated in the four languages English, Dutch, French and German by CIM and Cochrane Work in recent years.



### Cochrane Corners

Verbel A, Hoving JL, Bülow PA, Kunz A. [Surgical or conservative treatment for impingement of the rotator cuff?](#) 2020 (ENG)

De Groene G, Verbeek J, Hoving JL. [Workplace interventions for treatment of occupational asthma.](#) TBV 2020 (ENG)

Verbel A, Bülow PA, Kunz R. [Traitement chirurgical ou conservateur dans les tableaux de conflit sous-acromial.](#) [Surgical or conservative treatment for impingement of the rotator cuff]. 2020

Verbel A, Bülow PA, Kunz R. [Operative oder konservative Behandlung bei Impingement der Rotatorenmanschette.](#) [Surgical or conservative treatment for impingement of the rotator cuff]. 2020

## Peer-reviewed Publications with participation of CIM members

Boersema, HJ. **Beoordelen van duurbelastbaarheid: inventarisatie in Europese landen.** [*The assessment of work endurance in disability evaluations across European countries*]. TBV - Tijdschr Bedrijfs- en Verzekeringsgeneeskunde. 2020;28(3):13. doi:[10.1007/s12498-020-0641-2](https://doi.org/10.1007/s12498-020-0641-2)

Bosma AR, Boot CRL, Schaafsma FG, Anema JR. **Facilitators, barriers and support needs for staying at work with a chronic condition: a focus group study.** BMC Public Health. 2020;20(1):201. doi:[10.1186/s12889-020-8320-x](https://doi.org/10.1186/s12889-020-8320-x)

Bosma AR, Boot CRL, Schaafsma FG, Kok G, Anema JR. **Development of an Intervention to Create a Supportive Work Environment for Employees with Chronic Conditions: An Intervention Mapping Approach.** J Occup Rehabil. 2020;30(4):624-634. doi: [10.1007/s10926-020-09885-z](https://doi.org/10.1007/s10926-020-09885-z)

Bütepage, G, Esawi A, Alexanderson K, Friberg E, Murley C, Hillert J, Karampampa K. **Cost-of-illness trajectories among people with multiple sclerosis by co-morbidity: a register-based prospective study in Sweden.** Multiple Sclerosis Journal: Experimental, Translational and Clinical 2020; 23;6(4):2055217320968597. doi:[10.1177/2055217320968597](https://doi.org/10.1177/2055217320968597)

De Groene G, Verbeek J, Hoving JL. **Workplace interventions for treatment of occupational asthma.** TBV - Tijdschr Bedrijfs- en Verzekeringsgeneeskunde. 2020;28(6-7);51-54.

Den Bakker CM, Anema JR, Huirne JAF, Twisk J, Bonjer HJ, Schaafsma FG. **Predicting return to work among patients with colorectal cancer.** Br J Surg. 2020 Jan;107(1):140-148. doi: [10.1002/bjs.11313](https://doi.org/10.1002/bjs.11313)

Fyhn T, Ludvigsen K, Reme SE, Schaafsma F. **A structured mixed method process evaluation of a randomized controlled trial of Individual Placement and Support (IPS).** Implementation Science Communications.2020;1(1):95. doi: [10.1186/s43058-020-00083-9](https://doi.org/10.1186/s43058-020-00083-9)

Karampampa K, Gyllensten H, Yang F, Murley C, Friberg E, Hillert J, Alexanderson K. **Healthcare, sickness absence, and disability pension cost trajectories in the first five years after diagnosis with Multiple Sclerosis: a prospective register-based cohort study in Sweden.** PharmacoEconomics – Open. 2020;4(1):91-103. doi: [10.1007/s41669-019-0150-3](https://doi.org/10.1007/s41669-019-0150-3)

Kjeldgård L, Stigson H, Alexanderson K, Friberg E. **Sequence analysis of sickness absence and disability pension in the year before and the three years following a bicycle crash; a nationwide longitudinal cohort study of 6353 injured individuals.** BioMed Central Public Health. 2020;20(1):1710. doi:[10.1186/s12889-020-09788-x](https://doi.org/10.1186/s12889-020-09788-x)

Kunz R, Verbel A, Weida-Cuignet R, Hoving JL, Weinbrenner S, Friberg E, Klipstein A, Van haecht C, Autti-Rämö I, Agosti N, Vargas-Prada S, Kneepkens S, Lindenger G, de Boer W, Schaafsma F. **Evidence needs, training demands, and opportunities for knowledge translation in social security and insurance medicine. A survey across Europe.** J Rehabil Med [Accepted].

Langendam MW, Piggott T, Nothacker M, Agarwal A, Armstrong D, Baldeh T, Braithwaite J, Castro Martins C, Darzi A, Etzeandia I, Florez I, Hoving J, Karam SG, Kötter T, Meerpohl JJ, Mustafa RA, Muti-Schünemann GEU, van der Wees PJ, Follmann M, Schünemann HJ. **Approaches of integrating the development of guidelines and quality indicators: a systematic review.** BMC Health Serv Res. 2020 Sep 16;20(1):875. doi: [10.1186/s12913-020-05665-w](https://doi.org/10.1186/s12913-020-05665-w)

Lek J, Vendrig AA, Schaafsma FG. **What are psychosocial risk factors for entrepreneurs to become unfit for work? A qualitative exploration.** *Work*. 2020;67(2):499-506. doi:[10.3233/WOR-203299](https://doi.org/10.3233/WOR-203299)

Lohss R, Rosburg T, Bachmann M, Meyer BW, de Boer W, Fischer K, Kunz R. **Perceived fairness of claimants undergoing a work disability evaluation: Development and validation of the Basel Fairness Questionnaire.** *PLoS ONE*. 2020;15(9):e0238930. doi:[10.1371/journal.pone.0238930](https://doi.org/10.1371/journal.pone.0238930)

Louwerse I, Huysmans MA, van Rijssen JH, Schaafsma FG, Weerdesteijn KH, van der Beek AJ, Anema JR. **Predicting future changes in the work ability of individuals receiving a work disability benefit: weighted analysis of longitudinal data.** *Scand J Work Environ Health*. 2020;46(2):168-176. doi:[10.5271/sjweh.3834](https://doi.org/10.5271/sjweh.3834)

Lytsy P, Alexanderson K, Friberg E. **Gender differences in treatment with antidepressants during first weeks of a sick-leave spell due to depressive episode.** *Eur J Public Health*. 2020;30(2):299-304. doi:[10.1093/eurpub/ckz172](https://doi.org/10.1093/eurpub/ckz172)

Murley C, Tinghög P, Karampampa K, Hillert J, Alexanderson K, Friberg E. **Types of working-life sequences among people recently diagnosed with multiple sclerosis in Sweden: a nationwide register-based cohort study.** *BMJ Open*. 2020;10(12):e039228. doi:[10.1136/bmjopen-2020-039228](https://doi.org/10.1136/bmjopen-2020-039228)

Murley C, Karampampa K, Alexanderson K, Hillert J, Friberg E. **Diagnosis-specific sickness absence and disability pension before and after multiple sclerosis diagnosis: An 8-year nationwide longitudinal cohort study with matched references.** *Mult Scler Relat Disord*. 2020 Jul;42:102077. doi:[10.1016/j.msard.2020.102077](https://doi.org/10.1016/j.msard.2020.102077)

Ropponen A, Gémes K, Frumento P, Almondo G, Bottai M, Friberg E, Alexanderson K. **Predicting the duration of sickness absence spells due to back pain – a population-based study from Sweden.** *Occup. Environ. Med.* 2020;77(2):115-121. doi: [10.1136/oemed-2019-106129](https://doi.org/10.1136/oemed-2019-106129)

Schaap R, Schaafsma FG, Bosma AR, Huysmans MA, Boot CRL, Anema JR. **Improving the health of workers with a low socioeconomic position: Intervention Mapping as a useful method for adaptation of the Participatory Approach.** *BMC Public Health*. 2020 Jun 19;20(1):961. doi: [10.1186/s12889-020-09028-2](https://doi.org/10.1186/s12889-020-09028-2)

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Spanjer J, Abma FI, Benus K. **Hoe kan overleg tussen bedrijfs- en verzekeringsartsen het best worden vormgegeven?** [*How to shape consultation between occupational physicians and Insurance physicians?*] *TBV – Tijdschrift voor Bedrijfs- en Verzekeringsgeneeskunde.* 2020; 28(1-2):74-78. doi: [10.1007/s12498-019-0166-8](https://doi.org/10.1007/s12498-019-0166-8)

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Verbel A, Kunz R, Friberg E, Hoving JL. **Cochrane Insurance Medicine: looking back, looking forward.** *TBV – Tijdschrift voor Bedrijfs- en Verzekeringsgeneeskunde.* 2020;28(8):38-41.

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Weerdesteijn KHN, Schaafsma FG, van der Beek AJ, Merkus SL, Maeland S, Hoedeman R, Lissenberg-Witte BI, Werner EL, Anema JR. **Sick leave assessments of workers with subjective health complaints: a cross-sectional study on differences among physicians working in occupational health care.** *Disabil Rehabil.* 2020;42(7):967-974. doi: [10.1080/09638288.2018.1513085](https://doi.org/10.1080/09638288.2018.1513085)

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Weerdesteijn K, Schaafsma F, Bonefaas-Groenewoud K, Heymans M, Van der Beek A, Anema J. **Prognostic Factors for Staying at Work for Partially Sick-Listed Workers with Subjective Health Complaints: A Prospective Cohort Study.** *Int J Environ Res Public Health.* 2020;17(19):7184. doi: [10.3390/ijerph17197184](https://doi.org/10.3390/ijerph17197184)

## Presentations, Posters, Podcasts and other Publications

Boschman J, Verbeek J, Ravinskaya M, Verbel Facuseh A, Friberg E, Kunz R, Hoving J. **Priority setting for the topic Work Participation: collaboration project between Cochrane Work and Cochrane Insurance Medicine.** In: Advances in Evidence Synthesis: special issue Cochrane Database of Systematic Reviews 2020;(9 Suppl 1):1-554. Doi: [10.1002/14651858.CD202001](https://doi.org/10.1002/14651858.CD202001).

Friberg E, Lytsy P. **Psychosocial interventions at the workplace. A systematic literature review.** 13th European Public Health (EPH) Virtual Conference; Rome, Italy. 14.10.2020

Lytsy P, Friberg E. **Psychosocial work environment factors and their associations to health outcomes, a systematic literature review.** 13th European Public Health (EPH) Virtual Conference; Rome, Italy. 14.10.2020.

Friberg E. **Professional Development in Insurance Medicine. Example from Sweden.** Jubilee Symposium Evidence-based Practise in Insurance Medicine; Basel, Switzerland. 16.09.2020.

Hoving J, Luites J, Kuijer P, Kok R, Langendam M, Anema H, Hulshof C. **The Dutch example: Evidence-based Insurance Medicine Guidelines.** Jubilee Symposium Evidence-based Practise in Insurance Medicine; Basel, Switzerland. 16.09.2020.

Ravinskaya M, Verbeek J, Langendam M, Kunz R, Verstappen S, Madan I, Hulshof C, Hoving J. **Development of a Core Outcome Set for Work participation. Collaboration between Cochrane Work and Cochrane Insurance Medicine.** Jubilee Symposium Evidence-based Practise in Insurance Medicine; Basel, Switzerland. 16.09.2020.

Verbeek J, Tikka C, Kunz R, Hoving J. **What if a review shows that something does not work, a case study.** Jubilee Symposium Evidence-based Practise in Insurance Medicine; Basel, Switzerland. 16.09.2020.

Verbel A. **Knowledge Translation for physicians, stakeholders and decision makers: Cochrane Insurance Medicine.** Jubilee Symposium Evidence-based Practise in Insurance Medicine; Basel, Switzerland. 16.09.2020.

Verbel A. **Insurance medicine in the Cochrane Library: facilitating access to Cochrane reviews relevant for insurance medicine professionals.** 21 Annual Meeting EbM-Netzwerk 2020; Basel, Switzerland. 13-15.02.2020.

## Educational Activities

Friberg E. Evidence-based Insurance Medicine. Lectures for medical staff within psychiatry. Stockholm. Seminars and adapted lectures, spread over the year (approx. 10 events / year)

**Evidence-based Insurance Medicine. A module in the postgraduate Master Insurance Medicine.** University of Basel, Switzerland. November 2020.

Kunz R EbIM CIM, Donker-Cools B KCVG (NL), Ewald H Medical Library, U of Basel, von Elm E Cochrane Switzerland, Verbel A CIM, Mattli R WIG SNHTA, Matter-Walstra K BAG, Boehlius J, Swiss TPH.

### **Covering:**

Introduction to evidence-based insurance medicine  
Critical appraisal of randomised controlled trials  
How to search the Cochrane Library  
Introduction to systematic reviews  
The Cochrane collaboration  
Critical Appraisal of systematic reviews  
CIM: Knowledge Transfer of insurance medicine evidence  
GRADE and DECIDE: Instruments for guideline development  
Health Technology Assessment, HTA  
Medical Assessments in the Netherlands (NL)  
Insurance Medicine Guidelines: Medical Expertise in Acquired Brain Injury (NL)

## Promotional Activities

**Agreement between EUMASS and CIM** for CIM to regularly update the 26 states of the EUASS Council on recent development within CIM and Cochrane and important research findings.

**Swiss Society of Insurance Psychiatry, SGVP, Annual Meeting;** January 2020, Olten, Switzerland.

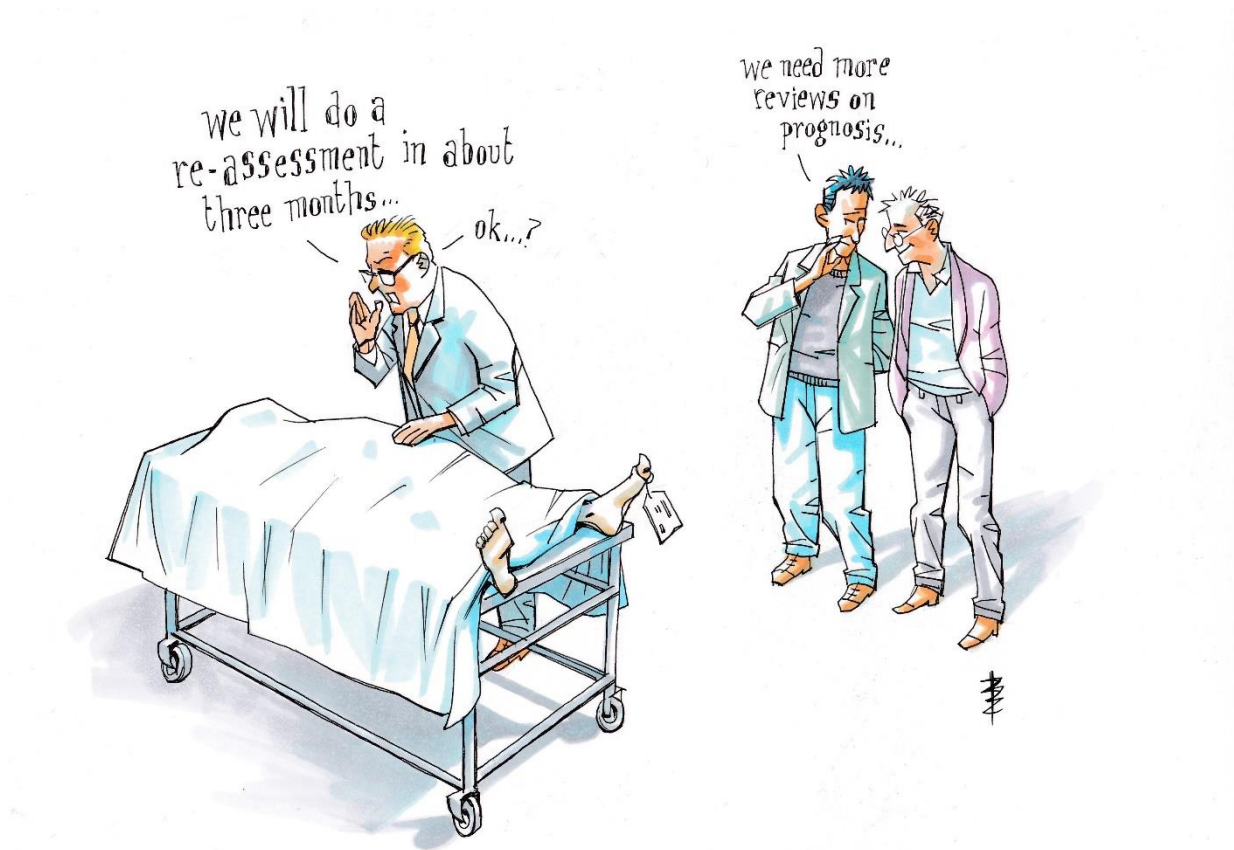
**21<sup>st</sup> Annual Meeting EbM-Netzwerk,** February 2020, Basel, Switzerland.

## Internal activities

- Monthly tele meetings of the board of directors
- CIM is board member of the Fields Executives
- Internal survey across fields by Cochrane MOSS (Musculoskeletal, Oral, Skin and Sensory Network), on opportunities to improve collaboration between Fields and Networks



## Last but not least



Bert Cornelius 1952-2018  
Insurance Physician and cartoonist

### Supporters



**Swiss Insurance Medicine**



**EUMASS, European Union of Medicine  
in Assurance and Social Security**